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MALAYSIA MYO ASIA CUP 2023

ANJUNG FLORIA / WAWASAN
PUTRAJAYA | MALAYSIA
18 - 19 NOVEMBER 2023



BULLETIN



Our **Ministry of Youth and Sports Malaysia**

Responsible for overseeing and promoting youth development and sports activities in the country. Its primary objective is to empower and engage the youth population, providing them with opportunities for personal growth, skill development, and active participation in sports.

The ministry focuses on various areas, including youth empowerment, leadership development, entrepreneurship, and volunteerism. It aims to create a conducive environment for young people to thrive and contribute to the nation's development.

In terms of sports, the ministry works towards promoting a healthy and active lifestyle among Malaysians. It supports the development of athletes, organizes sports events and competitions, and provides facilities and resources for sports training and participation.

Through its initiatives and programs, the Ministry of Youth and Sports plays a crucial role in nurturing the potential of the youth and promoting sports excellence in Malaysia.





TOURISM IN MALAYSIA offers a diverse range of attractions and experiences. From vibrant cities to stunning natural landscapes, Malaysia has something for every traveler. Kuala Lumpur, the capital city, is known for its iconic Petronas Twin Towers, bustling markets, and vibrant street food scene. Other popular destinations include Penang, known for its rich cultural heritage and delicious cuisine, and Langkawi, a tropical paradise with beautiful beaches and lush rainforests.

Nature enthusiasts can explore the breathtaking national parks such as Taman Negara and Borneo's rainforests, home to diverse wildlife including orangutans and proboscis monkeys. Adventure seekers can enjoy activities like hiking, diving, and exploring caves.

Malaysia also boasts a rich cultural heritage, with a mix of Malay, Chinese, and Indian influences. Visitors can immerse themselves in the vibrant festivals, visit historical sites like Malacca's UNESCO World Heritage City, and explore traditional villages.

Overall, Malaysia offers a unique blend of natural beauty, cultural diversity, and warm hospitality, making it a captivating destination for travelers from around the world

WELCOME TO PUTRAJAYA, MALAYSIA

Putrajaya, or its full name Federal Territory of Putrajaya, is the federal administrative center of Malaysia, replacing Kuala Lumpur in 1999 as the administrative capital. Located 25 kilometers south of Kuala Lumpur, Putrajaya is a smart city within a garden, featuring a futuristic metropolis that houses the federal government's administrative center. It is the third Federal Territory in Malaysia.

Located at the heart of the Multimedia Super Corridor, Putrajaya covers an area of 4,931 hectares and was developed at a cost of RM20.5 billion. It includes the Federal Government Administrative Center, residential areas, commercial facilities, social amenities, and religious institutions.

The main elements in the formation of Putrajaya are to provide a more efficient transportation system using modern design and technology. The objectives of this transportation strategy are as follows:

- To create a well-guarded environment that is free from noise and air pollution.
- To maximize the use of "pollution-free" transportation and provide a well-organized and systematic road network, suitable for future conditions.
- To prioritize the use of public transportation and consequently reduce the reliance on private vehicles.
- To promote the concept of "Park-and-ride" and encourage drivers to park their vehicles at specific areas and utilize the provided public transportation to reach their destinations



KLIA – PUTRAJAYA – KLIA

Best

35 min

33 min

54 min

6 hr

Kuala Lumpur International Airport

Putrajaya

Add destination

Leave now

Options

Send directions to your phone

via Route 29

Fastest route now due to traffic conditions

33 min

31.4 km

Details

via Lbh KLIA/Route 26/E6

Fastest route now due to traffic conditions

35 min

37.4 km

10:17 AM—11:11 AM

54 min

>

KLIA Transit

Explore Putrajaya

Restaurants

Hotels

Bars

Coffee

More

A detailed map of Putrajaya and surrounding areas, including Serdang, Kajang, and Sepang. The map highlights two main routes between Kuala Lumpur International Airport (KLIA) and Putrajaya. Route 29 is shown in blue, with a travel time of 33 minutes and a distance of 31.4 km. Route 26/E6 is shown in grey, with a travel time of 35 minutes and a distance of 37.4 km. The map also shows various landmarks, including the Malaysia MAHSA University, Putrajaya Lake, and the Sepang International Circuit. A legend at the bottom left indicates the fastest route now due to traffic conditions. A logo for Malaysia MY-10 World Ranking is visible in the bottom right corner.

Our past event [MALAYSIA WRE]








Event Tentative

DATE	TIME	DETAILS	VENUE
9 NOV 2023	TBA	The arrival of international and local athletes	KLIA & KLIA2 AIRPORT
10 NOV 2023	10am-6pm 7pm	Registration of athletes (Race Pack Collection) The official opening ceremony of the championship	ANJUNG FLORIA PUTRAJAYA
11 NOV 2023	8am	The athletes will be quarantined Sprint Distance [World Ranking Event]	ANJUNG FLORIA PUTRAJAYA
12 NOV 2023	8am	The athletes will be quarantined Middle Distance [National Ranking Event]	TAMAN WAWASAN PUTRAJAYA
12 NOV 2023	12pm	Closing ceremony & prizes giving	ANJUNG FLORIA PUTRAJAYA
12 NOV 2023	4pm	Putrajaya Tour Trip (optional)	



Competition **Classes**

CLASS	REQUIREMENTS	SPRINT DISTANCE (WORLD RANKING EVENT) 15 – 20 min estimated winning time	MIDDLE DISTANCE (NATIONAL RANKING EVENT) 45 – 50 min estimated winning time
M21	ELITE		
W21	ELITE		
M20 / W20 M21 / W21			
M35 / W35			
M45 / W45			

Entry & Payment

You can make the participation fee and accommodation payments through the provided link. Payments can be made via bank transfer, and once made, they are non-refundable by the organizers. The payer is responsible for any bank charges and fees incurred.

Entry **Deadline**

**The registration will be closed on November 8, 2023
1200H**



SPRINT distance
World Ranking Event

M21 / W21

MYR 180.00

MYR 250.00



MIDDLE distance
National Ranking Event

M21 / W21
M35 / W35
M45 / W45

MYR 80.00

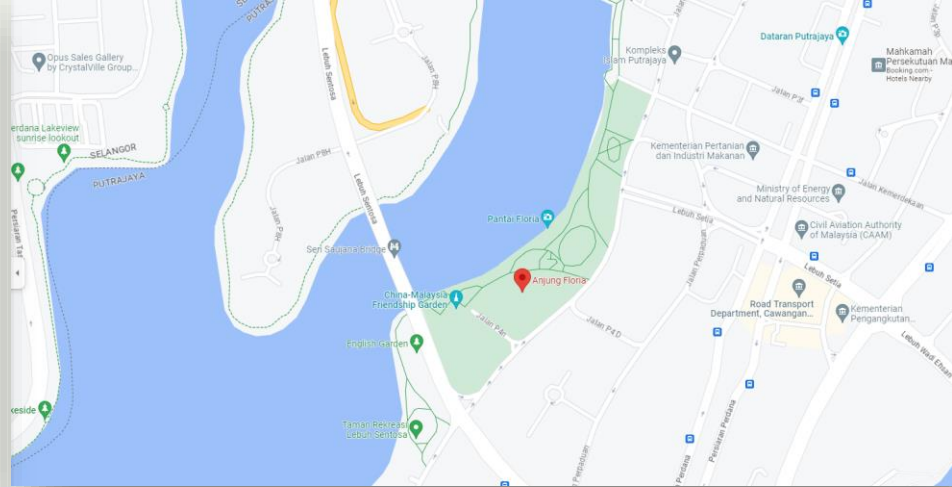
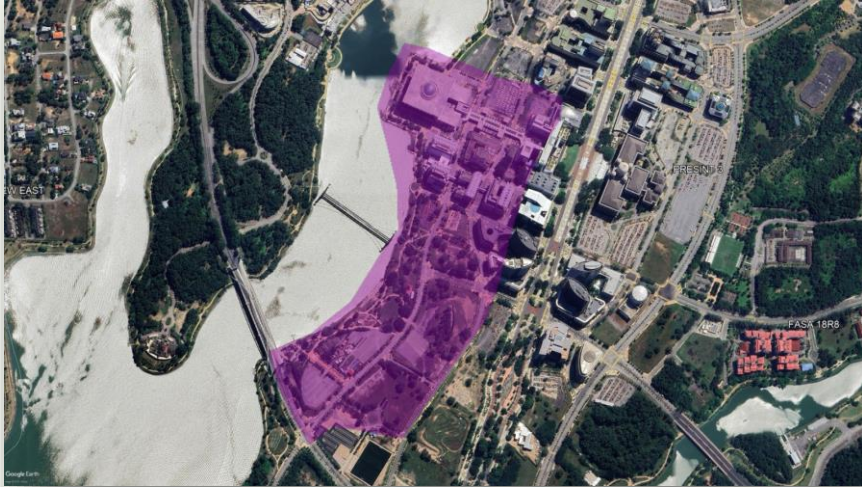
MYR 80.00

COMBO FEE

MYR 250.00

MYR 300.00

ANJUNG FLORIA, PUTRAJAYA is a highly unique and captivating botanical garden located in Putrajaya, Malaysia. This location has been designated as an embargo area for the **WRE Sprint Distance** event in the **Malaysia MyO Asia Cup 2023**. Anjung Floria is encompassed by fascinating trails, beautiful flower gardens, strategically planned yet gently sloping competition routes. It features replicas of historical buildings, along with a recreational center for the public. **The map scale is 1:4000**



Technical Information



Competition **Rules**

The MALAYSIA MYO ASIA CUP 2023 (WRE) refers to the IOF competition regulations for the 2023 V.1.21 (Foot Orienteering).

Punching **Devices**

The MALAYSIA MYO ASIA CUP 2023 (WRE) will fully utilize the SPORTident punching system. The participation fee includes the rental of SI cards, but athletes are allowed to use their own SI cards if they have one.

Trophies & **Medals (Award)**

The organizer will only provide trophies to the top three winners in all categories and classes. However, to show appreciation for the athletes participating in the MALAYSIA MYO ASIA CUP 2023, all athletes will receive a finisher medal for the sprint distance event (world ranking event).

Fair **Play**

MALAYSIA MYO ASIA 2023 upholds fair and sportsmanlike competition. Athletes are required to refer to <https://orienteering.sport/iof/fair-play/> as a reference for fair play guidelines.

Training **Session**

Opportunity for training for all WRE athletes on November 10, 2023, will take place at the Wetland Botanical Garden (Padang Semarak)

Athletes **Clothing**

Appropriate attire for orienteering sports in Malaysia, especially in the hot and humid equatorial climate, should meet the following criteria:

1. **Lightweight Clothing:** Choose lightweight, breathable, and moisture-wicking fabric to provide maximum comfort while running and engaging in orienteering activities.
2. **Loose-Fitting Clothing:** Loose-fitting attire is more suitable to enhance ventilation and reduce discomfort during hot weather.
3. **Sun Protection:** Wear a cap with a visor and sunglasses to protect your face and eyes from intense sunlight.
4. **Neutral Colors and Patterns:** Avoid brightly colored and eye-catching clothing, and opt for neutral and modest colors and patterns to respect the natural surroundings and forests during the race.
5. **Suitable Footwear:** Ensure you wear comfortable running shoes appropriate for running on uneven forested terrain and trails during orienteering.
6. **Minimal Accessories:** Avoid wearing large and flashy accessories, such as excessive jewelry or unnecessary items during the race.
7. **Remember, safety and comfort are top priorities when choosing clothing for orienteering.** By selecting suitable attire, you can enjoy the orienteering experience in Malaysia comfortably and achieve better performance.

Our Weather

The climate data in Putrajaya can be described as tropical. The average temperature throughout the year ranges from 25 to 32 degrees Celsius (77 to 89.6 degrees Fahrenheit). The region experiences high humidity levels, with an average annual rainfall of approximately 2,500 millimeters (98.4 inches).

Weather data in Putrajaya, MALAYSIA													
Bulan	Jan	Feb	Mac	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Des	Year
Average high °C (°F)	31.1 (88)	31.9 (89.4)	32.4 (90.3)	32.2 (90)	32.0 (89.6)	31.7 (89.1)	31.4 (88.5)	31.3 (88.3)	31.3 (88.3)	31.2 (88.2)	31.1 (88)	31.0 (87.8)	31.55 (88.79)
Daily min °C (°F)	26.5 (79.7)	27.1 (80.8)	27.4 (81.3)	27.6 (81.7)	27.7 (81.9)	27.4 (81.3)	27.0 (80.6)	27.0 (80.6)	26.9 (80.4)	26.9 (80.4)	26.9 (80.4)	26.7 (80.1)	27.09 (80.77)
Average low °C (°F)	22.0 (71.6)	22.3 (72.1)	22.5 (72.5)	23.1 (73.6)	23.4 (74.1)	23.1 (73.6)	22.6 (72.7)	22.8 (73)	22.6 (72.7)	22.7 (72.9)	22.8 (73)	22.4 (72.3)	22.69 (72.85)
Precipitation mm (inch)	168 (6.61)	150 (5.91)	227 (8.94)	250 (9.84)	188 (7.4)	118 (4.65)	121 (4.76)	154 (6.06)	176 (6.93)	254 (10)	268 (10.55)	233 (9.17)	2,307 (90.83)

Transportation

Transportation will be provided to athletes from official accommodation to the race location; however, athletes are also allowed to use Grab or rent a car for self-driving.

Visa

You can perform a web search with relevant keywords like "Malaysia visa requirements" to find the official websites and updated information. Always ensure you are using official government sources for the most reliable and accurate information, please check at <https://malaysiavisa.imi.gov.my/evisa/evisa.jsp>

Athletes Insurance

The organizers do not provide accident insurance before, during, and after the championship; it is the responsibility of the athletes.

Environmental Information

The "MALAYSIA MYO ASIA CUP 2023" is organized in a highly esteemed botanical garden area in Putrajaya, surrounded by lush greenery, beautiful flower gardens, well-maintained landscapes, and pristine lakes. Athletes are strictly prohibited from plucking flowers, breaking tree branches, cutting down trees, harming animals, burning trash, or engaging in any activities that violate park regulations. If any athlete is identified committing such offenses, they will face immediate disqualification from the race.



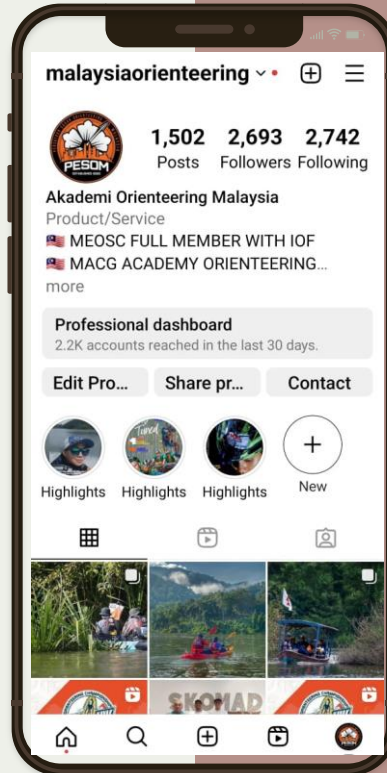
"Please be patient, accommodation information will be provided in the second bulletin."



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www.meoscmalaysia.com

Secretariat **Office**

Malaysia Orienteering Sports Association
No 14, Jalan Indah 2, Taman Desa Indah
34200 Parit Buntar
Perak
MALAYSIA



HOTLINE NO / WHATSAPP NO - +6012.407.2495 / +6017.664.4299

NAME	DESIGNATION	EMAIL
EVENT DIRECTOR	SHAMSURI ABD LATIF	malaysiaarsport@gmail.com
RACE DIRECTOR	MOHAMAD NURSHAM SHAMSUDIN	magnetedgmail@gmail.com
COURSE SETTER	ABDUL WAHAB ADZMI	magnetedgmail@gmail.com
IOF EVENT ADVISER	ASWADI ASLAH	akademiorienteering@gmail.com
HEAD MEDIA TEAM	MOHD NIZAM ROBA'I	magnetedgmail@gmail.com
EVENT CONTROLLER	NORHISAM JEMION	akademiorienteering@gmail.com