

GENERAL RULES & REGULATIONS – PERAK ROGAINING 2020

ROGAINING is the sport of long distance cross-country navigation for teams travelling on foot. The object is to score points by finding checkpoints located on the course within a specified time. Checkpoints may be visited in any order.

Definitions

“The course” means anywhere a team travels during the time of the rogaine but specifically excludes the access road and areas in the proximity of an administration area designated by the organisers for non-competition use, for example for parking or camping. “Event site” includes the course and any administration, access and noncompetition areas.

Entries

P1. A team shall consist of two members with category (MEN / MIXED OPEN) and (MEN / MIXED IPT)

P2. A team that has a member eighteen years of age or over.

P3. Competition placing are awarded in several sections based on the age and gender composition of teams. Each team shall be deemed to be entered for all sections of the competition for which it is eligible.

P4. No member of a team shall have been involved with the organisation of the rogaine so as to have a prior familiarity with the rogaine course or the fieldwork of the rogaine map.

Respect for Land and Property

P5. Competitors shall respect public and private property.

(a) Competitors shall not cross newly sown ground or growing crops, except if specifically permitted by the organisers, or any area deemed out-of-bounds by the organisers and shall keep a reasonable distance from dwellings and stock with young.

(b) Competitors shall take due care when crossing fences, crossing at corner posts, solid posts or between wires wherever possible. Each team shall leave gates in the same state as they were found.

(c) Competitors shall not discard litter or light fires at the event site nor smoke on the course.

(d) Competitors shall not unduly damage or disturb native flora or fauna.

(e) Pets and weapons of any kind, including firearms, are prohibited at the event site.

P6. Competitors shall not enter the course until the official start is signalled.

P7. Navigational Aids

(a) The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map.

(b) The possession of other navigational aids, including **pedometers, altimeters and GPS receivers** on the course is **prohibited** except when event organisers provide a means by which information on the devices cannot be accessed whilst on the course.

(c) The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited.

P8. The use of aids for course planning other than for distance measurement and scoring estimation is prohibited.

P9. Competitors shall travel only on foot.

P10. Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request.

P11. Organisers shall issue checkpoint recording devices (Sportident), which shall be a scorecard &/or an electronic recorder to one or more members of each team. Electronic recording devices shall be attached to the competitors by a tamper-proof device, such as a wrist band, before the commencement of the event. Tamper-proof devices shall only be cut or removed by event officials.

P12. A team shall surrender its recording device(s) to any event official, and shall advise their team number to any event official or other team, on request.

P13. A team shall not accept assistance from, nor collaborate with, other people, nor deliberately follow another team.

P14. No food nor equipment shall be left on the course before the event for a team's use, and no food or equipment shall be discarded on the course unless retrieved by the team during the event and brought by the team with them to the finish.

P15. Competitors shall carry a whistle at all times whilst on the course. In an emergency a competitor shall give a series of short blasts on their whistle.

Checkpoints

P16. All team members shall approach to within 5 metres of each checkpoint for which points are claimed.

P17. In order to gain points for a checkpoint teams must record their visit to that checkpoint using the recording device provided by the organisers in the correct square, where a scorecard is used. If a team punches an incorrect square, they must notify the organisers of the details of this immediately upon returning to the administration to be eligible to be credited with that checkpoint.

P18. Teams shall fill in any intention sheet at the checkpoint with the time of arrival, the team number and the number of the checkpoint that they intend to next visit.

P19. If a recording device is lost, a team may present in its place a record of punch marks or a record of the electronic "punch" human readable back-up codes on any single sheet. The organisers will accept this single sheet from the team provided that the punch/record marks are discernible, and the team can identify to the organisers the checkpoint number for each of the marks.

P20. Competitors shall not deliberately rest within one hundred metres of a checkpoint unless the checkpoint is also a water drop or transition area (TA's).

P21. Competitors shall not adversely interfere with a checkpoint, water drop, any other facility placed upon the course by the organisers, or the equipment of any other team.

Administration Areas

P22. Whenever a team visits an administration area, all team members are required to report together to the organisers and surrender their team's scorecard and/or "check-in" their electronic recording device(s). The team shall only collect its scorecard and/or "check-out" their electronic recording device(s) immediately prior to leaving that administration area.

P23. A team is considered to have completed the event when:

- a) All team members have reported together to the designated finish administration area.
- b) They have surrendered their recording devices. The team finish time is the latest time recorded for any member of the team.

P24. If a competitor wishes to withdraw from a team for any reason the entire team shall return to an administration area and notify the organisers. The original team shall be deemed to have finished the event. If a new team is formed it may be admitted to the competition at the discretion of the organisers but no points shall be credited for checkpoints already visited.

Penalties and Protests

P25. The penalty for breaching these rules is disqualification except for rules R16, R17, R18 and R19 for which the penalty is the loss of points for the checkpoint under consideration. Any team disqualified under this rule shall be recorded as DSQ.

P26. A team may voluntarily withdraw, by advising the organisers immediately upon their finish, if they have breached any rule for any reason and shall be recorded as (OR).

P27. A team may report in writing to the organisers about any team thought to have breached these rules, or may protest in writing to the organisers about any actions of the organisers that they consider made the competition unfair.

- a) Within 45 minutes of the nominated finish time, if the violation was detected on course.
- b) Within seven days of the results being published, if the violation is only evident through examination of the results or admission after the fact by a competitor.

Scoring

P28. The event shall end at precisely the set number of hours after the actual starting time, both times as defined by the organisers' clock. Where multiple timing devices are in use, the organisers shall ensure all clocks used to record finishing times are synchronized. Teams finishing late will be penalised at the rate per minute or part thereof specified in advance by the organisers. Teams finishing more than thirty minutes late shall be deemed ineligible for a placing and their result shall be recorded as {LATE}.

P29. A team's score shall be the value of the checkpoints visited and correctly verified in accordance with these rules, less any penalties. The team with the greatest score, or in the event of a tie the team that finished earlier, shall be awarded the higher placing.

P30. In the event of a checkpoint being damaged or deemed misplaced or missing by the organisers, teams shall be awarded the checkpoint score:

- a) If the punch is missing or damaged but the team has a correct record on the intention sheet.
- b) If the punch is missing and there is no intention sheet, but the team can satisfy the organisers that they visited the correct site.
- c) If a checkpoint is missing or misplaced but the team can satisfy the organisers that they visited the correct site.
- d) For a correctly recorded visit to a misplaced checkpoint.

e) If an electronic "punch" fails but the team has either (where applicable) a punch on a backup control card or record of the human readable back-up code for that checkpoint.

General

P31. Any team hearing a distress signal must abandon their course and help in any way needed. No team shall be penalised for any rule breached in the course of giving such help.

P32. Communications devices such as mobile phones may be carried for safety purposes when event organisers provide a means by which the devices cannot be accessed whilst on the course. Use of a phone whilst on the course is prohibited.

This is an extract from the Rules of Rogaining and Technical Regulations (2012) sourced from the Australian Rogaining Association

ENTRY FEES (OPEN / OPEN UNIVERSITY)

RM 320.00 PER TEAM

REGISTRATION DEADLINE : 21 FEBRUARY 2020 | 12:00am

LATE ENTRY FEE (PENALTY 50%)

RM 575.00 PER TEAM

ENTRY COVERS

1. Map
2. Participant health insurance during the race
3. Basic medical care
4. Sport massage at the end of the race
5. Recording score devices (sportident)
6. Camping and parking
7. Catering during the race
8. Refreshment points
9. Special souvenir
10. Finisher medals
11. Finisher T
12. Event T
13. Race bib

Any team that has a member under 17 years of age shall also have a member 18 years of age or over. All participants under 18 years need to have a written permission (from their legal guardian) for taking part in the competition.

Team Changes

Teams may change team composition until 30th April 2020. Each such change, except the first one, will be possible only after paying a fee of 5€ once registration has been confirmed and paid.

Last minute changes in team composition will be possible during registration at the competition centre for a fee of 10€.

Withdrawals

In case of withdrawal, registration fees will be reimbursed as follows:

- A single person cannot withdraw from a 2-person team – in this case the entire team will be withdrawn and reimbursed accordingly (see below), or the withdrawing entrant's place in the team must be transferred to another eligible
- If a team (or a single person from a team of 3) withdraws, reimbursement will be as follows: In order to be reimbursed for a withdrawal, a team must email the request to the Organization, before the 1st February 2020. Amount reimbursed will be 50€

Insurance

The event's Organization **MEOSC Malaysia Orienteering Club** hold a third party liability insurance as the organizers of a public event (MSIG Insurance)

Also, organizers will contract a personal health insurance for all competitors, for incidents occurring during the race.

Nevertheless competitors participate in the event at their own risk. We recommend that competitors carry personal health and/or travel insurance.

Punching system

The SPORTIdent (SI) electronic punching system will be used. Each team member shall wear one SI card (version 6, 10, 11 or AIR), which should be attached to the competitor with a non-remove able wristband. Every competitor must know the kind of SI card they own in order to have enough memory capacity to record all controls of the RP2020.

SPORTIdent tools will be used for timing and result computing. Software has been successfully used for participant and result computing in a number of orienteering, adventure sports and rogaining competitions organized in the last ten years.

All teams will use a GPS device free of charge (one per team, tied to a backpack) for safety reasons (the device has a emergency button) and also for RP2020 broadcasting. GPS tracking data and estimated progressive scores will be displayed on a big screen in a designated area at the event centre, starting one hour after the start of the competition.

Weather

https://en.wikipedia.org/wiki/Geography_of_Malaysia

MANDATORY EQUIPMENTS

1. Orienteering Compass
2. Pen / Pencil
3. Hydration Vest / Hydration with bladder (1L)
4. Nutrition (energy bar, gel or food)
5. First Aids Kit (alcohol swipe, plasters, band aid, painkiller, analgesic balm, muscle spray)
6. Watch (without GPS receiver)
7. Whistle
8. Blinker or flashing reflector vest (put on your backpack all the time at night)
9. Headlamp (with extra batteries)

RECOMMENDED GEARS

1. Hat / head wear / scarf hat
2. Sun glasses
3. Vaseline
4. Cash money
5. Trekking pole
6. Hand phone (in case emergency situation)
7. Map case
8. Wind breaker
9. Sleeping bag
10. Rain coat

PRIZES

PRIZES	MEN OPEN	MIXED OPEN
1ST PLACE	MYR 1000 + Sponsor Product	MYR 1000 + Sponsor Product
2ND PLACE	MYR 800 + Sponsor Product	MYR 800 + Sponsor Product
3RD PLACE	MYR 700 + Sponsor Product	MYR 700 + Sponsor Product
4TH PLACE	MYR 300 + Sponsor Product	MYR 300 + Sponsor Product
5TH PLACE	MYR 300 + Sponsor Product	MYR 300 + Sponsor Product

PRIZES	UNIVERSITY OPEN	UNIVERSITY OPEN
1ST PLACE	MYR 1000 + Sponsor Product	MYR 1000 + Sponsor Product
2ND PLACE	MYR 800 + Sponsor Product	MYR 800 + Sponsor Product
3RD PLACE	MYR 700 + Sponsor Product	MYR 700 + Sponsor Product
4TH PLACE	MYR 300 + Sponsor Product	MYR 300 + Sponsor Product
5TH PLACE	MYR 300 + Sponsor Product	MYR 300 + Sponsor Product